

# Hospital Bag Checklist



## MOM

- ☐ ID
- ☐ Insurance information
- ☐ Hospital registration forms
- ☐ Camera
- ☐ Lip balm
- ☐ Toothbrush/toothpaste
- ☐ Hair ties
- ☐ Going-home outfit
- ☐ Nursing bras (if applicable)
- ☐ Going-home outfit for baby
- ☐ Underwear (multiple pairs)
- ☐ Socks (multiple pairs)
- ☐ Slippers
- ☐ Robe or comfortable clothing
- ☐ Toiletries, shampoo, conditioner, body wash, lotion

## BABY

- ☐ Baby clothes
- ☐ Going-home outfit
- ☐ Socks
- ☐ Hat
- ☐ Blanket
- ☐ Diapers
- ☐ Wipes
- ☐ Baby toiletries
- ☐ Receiving blankets
- ☐ Onesies
- ☐ Burp cloths

## PARTNER

- ☐ Camera
- ☐ Phone & charger
- ☐ Comfortable clothing
- ☐ Toiletries
- ☐ Any necessary personal items